



# WorkLife4You

## Simplify Your Life

### More Benefits from WorkLife4You

- **Free in-person elder care assessment** from a Professional Geriatric Care Manager
- **WorkLife4You Kits** containing free products and information:
  - **Prenatal Kit** for expecting parents
  - **Child Safety Kit** for parents of toddlers
  - **College Kit** for college-bound students
  - **Adult Caregiver's Kit** for caregivers
  - **Be Well Kit** for those trying to get healthier
- **Huge savings on brand-name products** and services nationwide via the online Discount Center

Limits may apply; contact WorkLife4You for details.

### Contact WorkLife4You 24/7!

Call or login today. Specialists are standing by to assist you.

**1-800-222-0364**

(TTY: 1-888-262-7848)

**WorkLife4You.com**

- Look for the Member Login box
- Not a registered member yet? Follow the "**Start Now**" link and enter Registration Code: **usfswometro**

You've got a lot going on. Fortunately, you have access to WorkLife4You—an agency-paid benefit designed to help you and your household members better manage work and life responsibilities.

### 1) Call Toll-Free for Expert Guidance

No matter what life brings, WorkLife4You's experts can help you understand your options.

### 2) Get Personalized Matches

Specialists will help you find child care, senior care, fitness centers, schools, adoption resources, home improvement professionals, pet care, and more—all with confirmed availability.

### 3) Request Free Educational Materials

Read up-to-date info on child care, parenting, pregnancy, adoption, senior care, aging, fitness, weight loss, budgeting, relocation, college, pet care, deployment, balancing home and work life, and more.

### 4) Access Interactive Tools

Log on to the web site for quick tips, in-depth articles, live and On Demand webinars, interactive calculators, podcasts, provider searches, online moderated discussion groups, and more.

